



Baked Zucchini Spears

Ingredients

- 2 large zucchini
- ½ tsp dried thyme
- ½ tsp dried oregano
- ¼ tsp garlic powder
- 2 Tbsp olive oil
- 2 Tbsp fresh parsley

Instructions

1. Preheat oven to 350 degrees F.
2. Quarter zucchini lengthwise.
3. Chop parsley.
4. Line a baking sheet with baking paper and place the zucchini on baking sheet.
5. Mix thyme, oregano, garlic powder, and parsley.
6. Sprinkle the vegetables with thyme, oregano, garlic powder, parsley, and olive oil.
7. Bake 20 minutes.