



Comprehensive Health Care 420 W. Longest Street, Paoli (812) 723-3944



Patoka Family Health Care 307 S. Indiana Ave. English (812) 338-2924



Mitchell 2759 State Road IN-37, Mitchell (812) 992-5440



Bedford Q Street 2512 Q Street, Bedford (812) 675-4470

FOR APPOINTMENTS

Call: Any of our offices **Online or Mobile:** Visit sichc.org and schedule by using the "FollowMyHealth" app

FREE PREGNANCY TESTING - ALL LOCATIONS



Valley Health Care 8163 W. State Road 56, Suite A, West Baden (812) 723-7125

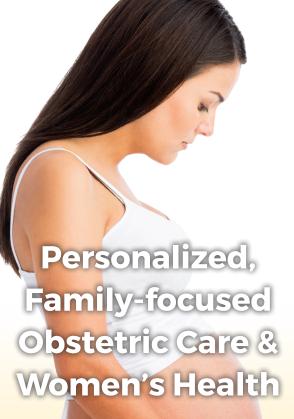


Crawford County Health Care 5604 E. White Oak Lane, Marengo (812) 365-3221



SICHC Women's Health 1201 N. Jim Day Road, Salem (812) 653-6374





Quality Healthcare, Close to Home





About Us

Community Health Care family practice providers offer a full spectrum of quality health care services for the whole family, including pregnancy and obstetrics care for expectant moms and pediatric care for young babies. Founded in 1974 and serving today as a nonprofit community health center, Southern Indiana Community Health Care delivers highquality, comprehensive, community-sensitive health care utilizing Christ-oriented principles.

To achieve our mission, we offer health care delivery with a focus on compassion and concern for the whole person. This includes being attentive to the needs of the materially poor, providing them access to health care at a reasonable cost. Our goal is to provide health care to the communities we serve of the highest quality and service possible.

For more information, please visit www.sichc. org/obstetrics



...for a brief moment, I was able to forget about Covid-19, and just enjoy the miracle of our new little girl.**?**

- Stacy sichc patient and new mom



Women's Health

You can confidently look to our nurse practitioners and physicians for a full range of women's health care from teens to senior women. Serving a rural community means providing services with a full scope, creating greater access for you and your family. The same provider you see can also see your children or other family members, an easy way to be family driven.

Pregnancy Services and Prenatal Care

Our providers and staff are here to help you and your baby on this special journey, 24/7. Our full service often begins with a pre-pregnancy examination, where we'll work together to check your overall health and come up with a plan for a healthy pregnancy and healthy baby. Regular checkups focus on whole person health, which includes sound eating habits, exercise needs and other factors like weight gain.

Childbirth

Throughout pregnancy, you will see one of our family-practice physicians, who will focus what you and your baby need to have a safe labor and delivery. Our delivering physicians have privileges at the IU Health Hospital in Paoli, where your baby may be born. Moms have many options for flexible birth plans including support for natural labor or epidural.

IU HEALTH PAOLI HOSPITAL

(812) 723-2811

AMENITIES

- Laboring hot tub
- Birthing ball
- Breast feeding counselors
- Attentive and caring nurses

Postpartum and Well-baby

We schedule a series of regular well-baby and well-mom checkups after delivery. Becoming a mother means big changes, and we want you and your baby to be healthy all the way through and beyond. Transitioning to pediatric care with your family provider at Community Health Care is easy.