



Diabetes Support Group Schedule 2017

Month	Topic	Speaker
January 19	Awareness: Periodontal Disease	Orange Co. Family Dentistry
February 16	Matters of the Heart: Cardiovascular Care	Mendy Lambdin, RN
March 16	The Bright Side: Diabetes Management in Perspective	Paul Crecelius, Paramedic
April 20	Importance of Exercise	Lynn Brooking, RD
May 18	Prevention/Management: Eye Care	Mendy Lambdin, RN
June 15	Medication Management	TBD
July 20	All About Blood Glucose	Mendy Lambdin, RN
August 17	Nutrition	Mary Jo McClintic, RD
September 21	Neuropathy: Peripheral and Central	Mendy Lambdin, RN
October 19	Standards of Care:Tools for Diabetes Management	Mendy Lambdin, RN
November 16	Food Fun: Taste Testing and Recipe Swap	Mendy Lambdin, RN
December 21	Recognizing and Handling Depression	TBD

The support group is open to the public with a particular focus for people with diabetes, their friends, family and caregivers.

When: Every 3rd Thursday of the month, 6-7pm

Where: IU Health Paoli Cafeteria

*Topics covered are subject to change

For more information contact:
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